



## Swami Vishvang Ji's Visit to Arya Samaj (From Sep 02 – 07)



**Swami Vishvang Ji** - a “Vyakaranacharya”, a “Niruktacharya”, and a “Darshanacharya”

Written books as Dhyam Yog and Rog Nivaran, Samadhi, Yog-Path, Yog and Ashtang Yog.

Lectures on “Yog Darshan” are telecast daily on Aastha Bhajan Channel



### Program at Arya Samaj

□ Saturday, September 2, 2017 from 8am to Noon (9:30 to 10:00 am –Breakfast)

**Patanjali Ashtanga Yog – Theory & Practice**

□ Sunday, September 3, 2017 from 11:10 to 11:50 am

**How to Live a Happy Life**

□ Monday thru Wednesday, September 4 to 6, 2017 from 7 to 8:30 pm

**Ashtanga Yog & Dhyam**

**Note:** All sessions include meditation

For more details, contact Shekhar Agrawal @ 281-242-5000