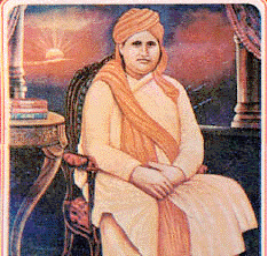




6th Principle of Arya Samaj

सँसार का उपकार करना इस समाज का मुख्य उद्देश्य है,
अर्थात् शारीरिक, आत्मिक और सामाजिक उन्नति करना ।

The prime object of the Ārya Samāj is
to do good to the world, that is, to promote
physical, spiritual and social good of everyone.



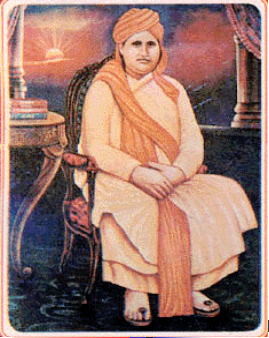
- The Arya Samaj is confined to no single clime or country. The ***upakār*** (doing good) of the Arya Samaj is for the whole Samsara, not reserved for a particular community.
- The principle, as it is worded, is in its simplicity most perfect.
- The Idea of upakār (upliftment) is explained briefly as covering the **physical, spiritual, and social** welfare of the world.



मोघमन्नं विन्दते अप्रचेताः सत्यं ब्रवीमि वध इत् स तस्य ।
नार्यमाणं पुष्यति नो सखायं केवलाघो भवति केवलादी ॥

ऋ.10.117.6

The foolish man, that shows no hospitality, acquires food in vain. I speak the truth, when I say that food shall cause his ruin. He finds no faithful comrade nor a friend; he who eats alone verily eats nothing but a sin.

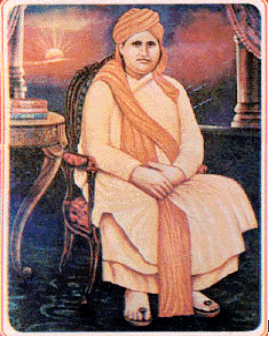


Golden Mongoose



2019-09-29

By Acharya Suryanarayan Nanda
for Arya Samaj Greater Houston



Physical Welfare



Our physical body is the vehicle of the spirit. It is its instrument. the very basis of its worldly activity.

शरीरमाद्यं खलु धर्मसाधनम्

This body is surely the foremost instrument of doing
Dharma [good deeds).

-Kālidās, Kumāra Sambhavam .5.33

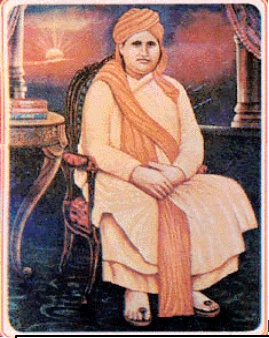


Physical Welfare



Charity should look after the physical needs of its recipients first. Such measures should be taken by the collective activity of the citizens, as will tend to the physical betterment of the race.

The extermination of disease, the lowering of the death-rate, and the popularization of the idea and methods of healthy life style., are items of social civic work, to which every philanthropic society should address itself.

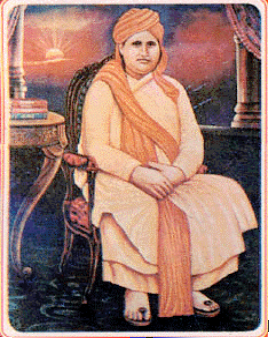


Spiritual Upliftment



Striving to realize self for liberation from the cycles of death and birth is called spirituality.





Spiritual Upliftment



Only such a person who adheres to dharma in all his mental, oral and physical endeavors will eventually develop purification of mind and dispassion towards worldly pleasures and able to turn his mind towards supreme emancipation.





Spiritual Upliftment



नाविरतो दुश्चरितान्नाशान्तो नासमाहितः।
नाशान्तमानसो वापि प्रज्ञानेनैनमाप्नुयात् ॥

A person, who has not avoided bad conducts, whose senses are not under control, and whose mind is not free from anxiety, cannot realize this self through knowledge.

Katha upanishad.1.2



Social Upliftment



Services for the assistance of disadvantaged groups to provide human rights, fundamental freedom, and human dignity.



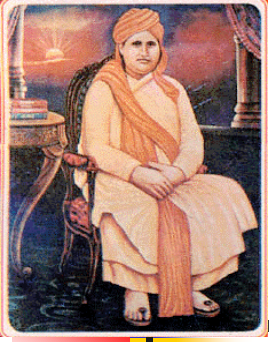
To such a state, it is the mission of the Arya Samaj to carry whole humanity.

If even a few souls were in every country to rise to these Olympian heights of human godhood, they would be the centers of social and political harmony and physical and mental peace.



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श्रद्धया देयम् । अश्रद्धया देयम् । श्रिया देयम् ।
ह्रिया देयम् । भिया देयम् । संविदा देयम् ॥ ८ ॥

Give with sincerity, give even with insincerity, Give
with majesty, Give with Modesty, Give with fear, Give
with understanding.

-- Taittiriya Upanishad

Doing good to the whole world is
the primary object of this
Society—to ensure, i.e., its
physical, spiritual, and social
upliftment.

6th Principle of Arya Samaj

सँसार का उपकार करना
इस समाज का मुख्य
उद्देश्य है, अर्थात्
शारीरिक, आत्मिक और
सामाजिक उन्नति करना